Diabetes Update 2019
Presented by Joan Frizzell, PhD, CRNP, ANP-BC and Mary J. Garner, BSN, RN-BC
During the 2019 Annual Convention

Summary: This presentation is a review of current treatment methods of Type 1 Diabetes including types of insulin and delivery systems.

Nursing Implications:
• Treatment for Type I diabetes using the basal/bolus approach is recommended.
• Patient must be capable of insulin pump self-management.
• Closed loop delivery systems of insulin in patient care provide glucose monitoring and insulin delivery.
• Know your facility protocol for use of closed loop insulin delivery systems.

Key Takeaways:
• An insulin pump enables management of interactions between insulin delivery and blood glucose, carbs, exercise, stress and hormones, with less effort.
• Changes in patient status may reflect alterations in function of Insulin pump.
• Goals of treatment for HgbA1C, preprandial and postprandial capillary plasma glucose.

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References:


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