**Men's Health**
Presented by Sally Russell, MN, BSN, RN, CMSRN, CNE
During the 2019 Annual Convention

**Summary:** Men's Health, as a separate issue from clinical diseases, has not been a specific focus for nursing presentations. The clinical issues covered in this session include the etiology and nursing care of those issues, but with the background of how that fits into men's health as an overall thought process.

**Nursing Implications:**
- Men's health as a separate issue has not been a focus of our thoughts.
- Heart disease, COPD, prostatic and testicular cancer are major causes of death and disability.
- All of the above are men's health issues but generally only covered as part of the disease process - not why it's a men's health issue specifically.

**Key Takeaways:**
- Nursing care must not just focus on a disease process but on the man experiencing this process.
- To work with prevention of disease processes, health care providers must consider men's health as they have begun thinking about women's health issues.

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